

## Advent Week 3 – Thursday Activity

### ACTIVITY 6: “Contagious Joy”



Today’s Advent Activity is a really simple one...

Share a smile! Share joy!

Take some time and pray. Ask God to show you a way to share the Joy of the Lord with someone this week. Remember, Joy is contagious.

You don’t have to limit this to one person... touch as many lives as you can.

Ways to share joy:

1. Smile at someone today
2. You could lend a hand to someone in need and share the love of Jesus with them.
3. Bring a little treat to someone in need.
4. Call a nursing home and ask if you can volunteer for the day. Maybe you could write some Christmas cards out for the nursing staff to hand out to residents.
5. Stop at a Veterans Hall or VA Hospital and ask if there is anything you can do to help for someone in need. Again maybe a card of encouragement and thanks for their service.
6. Check on a neighbor.  
Maybe a single parent needs child care so they can go out Christmas shopping.  
Maybe an elderly neighbor needs leaves raked or snow shoveled.
7. Send an email to your loved ones and encourage them with a scripture or picture of you and your family to make them smile and bring them joy.

You may never see all the lives that are touched by your simple act of love and joy but God sees it and is well pleased!